

YOUTH GUIDANCE CENTER SHOWER AND PERSONAL HYGIENE GUIDELINES

- AUTHORITY:** California Code of Regulations, Title 15, Sections 1480, 1482, 1485 and 1486
28 CFR Part 115, National Standards to Prevent, Detect, and Respond to
Prison Rape
Administrative Directive
- RESCINDS:** Procedure Manual Item 3-3-003, dated 01/09/14
- FORMS:** None
- PURPOSE:** To establish consistency regarding showers in all units at the Youth Guidance Center (YGC).

I. GENERAL INFORMATION

- A. Showers will be conducted on a daily basis. All **youth** will be given an opportunity to shower consistent with the YGC Daily Program Schedule (PMI 3-3-013).
- B. All **youth** are provided an opportunity to use the restroom, brush their teeth, **and** wash their face and hands before and after each meal and at bedtime consistent with the YGC Daily Program Schedule (PMI 3-3-013).
- C. **Staff of the opposite sex will respect youth's privacy and personal dignity to the extent possible without compromising the safety of the living area.**

II. SHOWER PROCEDURE

- A. Showers begin when all youth are seated in the day area.
- B. Bundles are passed out immediately prior to showers; bundles include:
 - 1. Clean towel
 - 2. Washcloth
 - 3. Clean undergarments
 - 4. Clean socks
 - 5. Clean shirt (may also be passed out in the morning)
- C. Youth checks bundle immediately and reports any problems to staff immediately. Before showers begin, all youth will have their hygiene items including a brush and a comb.
- D. Youth puts his/her soiled shirt, socks, and undergarments in the solid linen bin, located in the shower area. Once the shower is completed and the **youth dries** off, (s)he turns in his/her towel and wash cloth.

- E. During showers, **youth** may work on their program material, play table games, use telephones, write letters, and listen to music or watch TV. A small group or one-on-one counseling may be conducted. (ASERT units may work on program material during showers.)
- F. Each youth must be in the shower stall before completely disrobing. It is important that staff ensure privacy for each youth while providing proper supervision.
- G. One staff member of the same gender as the showering youth directly supervises showers. No more than one youth is allowed in the shower without direct supervision. The second and third staff members supervise the remainder of the **youth** in the day area.
- H. After showering, the male youth will wear clean undergarments, white shirt, shorts and thongs. The female youth will wear clean undergarments, shorts, night gown and thongs. All youth must have underwear and shorts on at all times.
- I. Youth are given the opportunity to use lotion and deodorant directly following their showers.
- J. Lotion, deodorant, shampoo, cream rinse, soap and toothpaste will be provided to youth who do not have the approved items that are available for purchase in the commissary.

REFERENCES:

Procedures:	1-4-123	Prevention, Detention, Responding and Response to Incidents of Sexual Misconduct
	3-1-021	Supervising Youth of the Opposite Sex
	3-3-013	Youth Guidance Center Program Schedule

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APPROVED BY: