

## SUPERVISING SHOWERS AT JUVENILE HALL

- AUTHORITY:** Administrative Directive  
California Code of Regulations, Title 15, Sections 1482, 1485 & 1486
- RESCINDS:** Procedure Manual Item 3-2-034, dated 8/12/13
- FORMS:** Clothing Size Chart
- PURPOSE:** To establish guidelines and procedures for implementing and supervising showers.

### I. GENERAL INFORMATION

- A. Showers will be conducted on a daily basis. All **youth** will be given the opportunity to shower consistent with the daily schedule of their assigned unit.
- B. For **youth** who desire personal care products, individual hygiene items can be purchased during visiting from vending machines. Hygiene items, i.e., shampoo, soap, and a comb, will be provided for **youth** who cannot purchase them through the visiting procedure. All hygiene items will be placed in individually assigned hygiene boxes, stored in one location within each unit. **Youth** will access their hygiene boxes only with staff permission at designated times, i.e.: after each meal.

### II. SHOWER PROCEDURES

- A. Each group should be structured on behavior expectations and time limits prior to showering. No more than one **youth** will be allowed in each shower stall. All **youth** will be encouraged to shower daily.
- B. Before clothing bundles are handed out, each **youth** should have his/her necessary hygiene items for showers, as noted above.
- C. Each **youth** is given a bundle which includes:
1. Clean towel
  2. Washcloth
  3. Clean undergarments
  4. Clean socks
  5. Clean shirt

Bundles are made up daily by the **youth** designated in each unit as the laundry worker. Staff are to ensure bundles are made correctly and without obvious favoritism. Sizes must be in accordance with clothing sizes noted in each youth's file.

- D. During showers, the remaining non-showering group should be seated at the unit carpet area. For effective supervision, there must be limited activities during this time.

- E. Unit staff must **direct each youth** to check his/her bundle prior to entering the shower stall and report any missing items or problems to staff.
- F. The **youth** puts his/her soiled shirt, socks, undergarments, and pants (if it is the unit's day for clean pants) in the soiled linen bin, located in the shower area. Once showers are completed, each **youth** places his/her towel and washcloth in the soiled linen bin.
- G. Each **youth** must be in a shower stall before completely disrobing. It is important that staff ensure privacy for each **youth** while providing proper supervision.
- H. One staff member of the same gender **will supervise** the showering **youth**. **The staff member** must directly supervise showers from a standing position. No more than one **youth** is allowed in the shower area without direct supervision. Even **youth** who shower alone must be supervised.
- I. After showering, each **youth** will be allowed the opportunity to comb his/her hair, apply deodorant, lotion, or medically approved items in a reasonable time frame.

**REFERENCES:**

Procedures:	1-4-123	Prevention, Detection, Reporting and Response to Incidents of Sexual Misconduct
	3-1-021	Supervising Youth of the Opposite Sex
	3-1-022	Youths' Rights
	3-2-007	Daily Schedule-Weekday (Juvenile Hall)
	3-2-008	Daily Schedule-Saturday (Juvenile Hall)
	3-2-009	Daily Schedule-Sunday (Juvenile Hall)
	3-2-010	Daily Schedule-Holiday (Juvenile Hall)

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**APPROVED BY:**